

SPRING BLAST 2025 SKILLS COMPETITION

Wednesday, March 12

U11: 600 – 715PM

U13: 730-845PM

U15: 900-1015PM

Each team is allowed to send up to FIVE players, up to TWO goalies, and up to TWO coaches

- **TWO players per team for the Faster Skater event.**
- **TWO goalies per team for the Fastest Skater – goalie edition**
- **TWO players per team for the Puck Handling Challenge**
- **TWO goalies per team for the Goalie Breakaway Challenge**
- **ONE player per team for the Shooting Accuracy Challenge**
- **TWO coaches per team for the Coaches' Shooting Accuracy Challenge**

FIRST EVENT

Fastest Skater (Players)

Pylons will be up along the outside edges of the rink, between 6-10 feet in from the boards, so as to create a wide lane for skating.

ALL PLAYERS' NAMES & TEAMS WILL BE ANNOUNCED BEFORE EACH HEAT!

2 Skaters start on opposing sides of the centre-ice line. Each skater completes a full lap until they come back to the same starting point.

Top 2 times will then face off for the event championship!

SECOND EVENT

Fastest Skater (Goalie Edition)

ALL GOALIES WILL HAVE THEIR NAMES ANNOUNCED BEFORE EACH HEAT

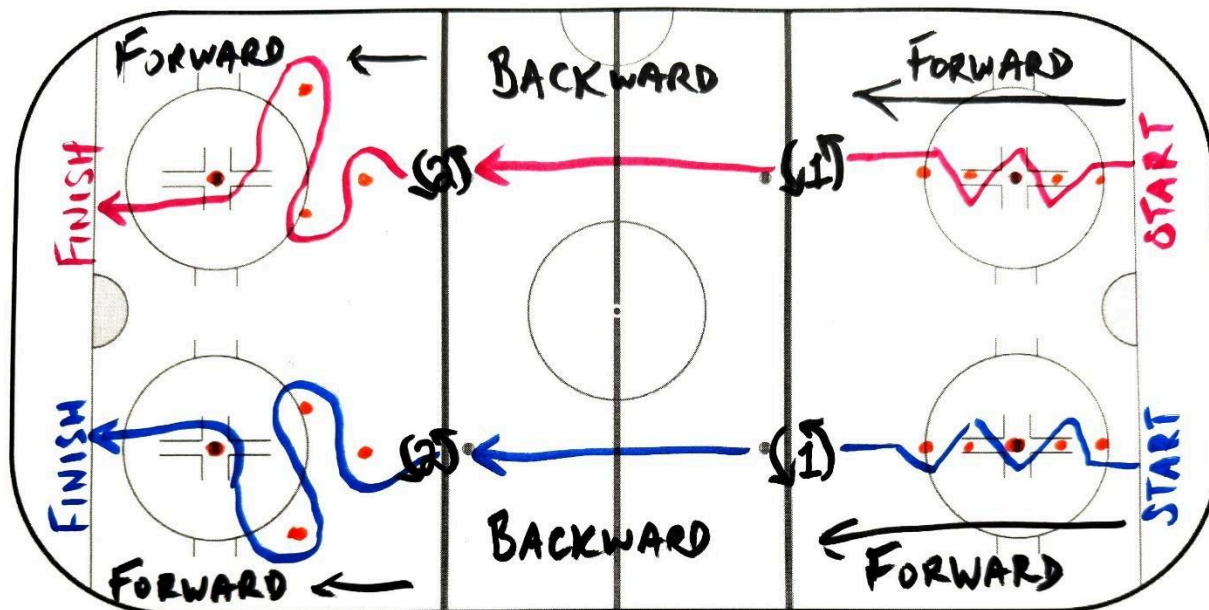
2 goalies at a time per heat. Both will line up on the same goal line, and race to get to centre first.

The next two goalies go. And then the next heat(s)

Finally, winners of each heat will compete against one another, for the fastest goalie championship!

THIRD EVENT

Puck Control Challenge



SKATE (2)
FORWARDS

SKATE (1)
BACKWARDS

PYLONS.

ALL PLAYERS' NAMES & TEAMS WILL BE ANNOUNCED BEFORE EACH HEAT!

Both skaters will start at North end goal line, then move their pucks through 5 pylons spaced 1 ft. apart from the last.

Players then skate backwards with their pucks, through the neutral zone

Players pivot back to skate forwards at blue line, weave around 4 pylons set up in diamond formation and skate with pucks to the finish (goal) line.

Top two times will race head-to-head in final for the trophy

FOURTH EVENT

Goalie Breakaway Challenge

All skaters will get a chance to shoot.

HALF the goalies go to the South end goal, the other HALF go to the North end.

Each goalie gets 4 shooters, and each shooter gets two breakaways apiece.

NOTE: No shooter will be facing their own goalie.

Goalies will face 8 shots, top FOUR with the most saves will move on to round 2

And then the final head-to-head to be crowned champion

EVENT SCHEDULE:

North side will have first TWO shooters take ONE shot each, while the other side waits.

Then South side takes their first TWO shots.

Continue alternating sides until both goalies have faced their EIGHT shots.

Top FOUR goalies will compete in second round. Top TWO in the finals.

If still tied in the finals, then the goalies will shoot at one another in alternating turns until someone wins.

FIFTH EVENT**Players' Shooting Accuracy Challenge**

ONE Shooter from each team will shoot 10 pucks at 4 targets, all set up on each corner of the net.

The fastest to hit all FOUR will be the champion.

If they're tied then the most successful attempts with the quickest time will be the winner.

SIXTH EVENT**Coaches' Shooting Accuracy Challenge**

ONE or TWO Coaches from each team will shoot 10 pucks at 4 targets, all set up on each corner of the net.

The fastest to hit all FOUR will be the champion.

If they're tied then the most successful attempts with the quickest time will be the winner.